Suggested Activities (Visual Arts): Class VII

Learning Outcomes		Suggested Activities	Resources
The learner		Object based activities	Pencil B, 2B, 4B
• (demonstrates	Time required - 3 hours, split into 5	Sheets (even one side
	critical and	days	used sheets, old
	analytical thinking	Select objects of daily use such as bottles,	copies/ exercise
1	reflected in	pots, keys, spoons, waste or discarded	books etc. will also
1	thoughtfulness,	objects such as lids, threads, buttons,	do)
á	and care in	beads, mirrors, etc. and arrange them (3-	Bind the loose sheets
:	selecting ideas	4 objects) to understand space,	together into a sketch
• (demonstrates safe	arrangement and design. Once they draw	book.
á	and proper use,	it, they can select any painting medium to	Sketches have to be
(care, and storage of	paint them, using line, texture, light and	quick, free hand
1	media, materials,	shade, shape etc. and giving them a 3D	without using any
	and equipment,	shape visually.	tools like eraser, ruler
• 1	reflects on,	In case they wish to convert an object in	or compass.
1	revision, and	3 D out of an old bottle, earthen pot,	Drawing book/ copy
1	refines work using	sketch pens, ice cream spoons, etc., they	Loose sheets of A3 or
(observation,	can decorate it.	A 4 size
i	imagination,		Water colours, poster
1	problem solving	People based activities	colours, brushes of
	and critical	Time required - 6 hours, split into 8-	different sizes
1	thinking skills,	10 days	Crayons, sketch pens
• (enhances/ refines	They may draw the basics of a human	(In case these
1	learners'	figure and pay attention to detail	material are not
(observational skills	structure of facial features like eyes,	available, shading
1	to select, and	nose, eyebrows, lips, cheek bones etc.,	with simple pencil
1	utilize a range of	and their basic proportionate divisions.	can be done)
\$	subject matter,	They can learn how to colour different	Objects for 3D works-
:	symbols, and ideas	parts of the human figure after observing	Old newspapers,
i	in their work and	shades. The human figure/s will be	magazines, calendar,
1	through accurate	involved/ engaged in different activities at	greeting cards, and
1	rendering of	home, specially where parents are	other found objects.
1	representational	working from home.	
(objects and subject		
1	matters from life,	Tradition based activities	
	and communicate	Time required - 6 hours, split into 8-10	
i	ideas.	days	
• 1	understands and	Draw and paint from topics, which	
	applies elements	involve and explore traditions through	

- and principles of design effectively in their works.
- Identifies and discriminate between types of shapes (geometric and organic), colors (primary, secondary, complementary, intermediates, neutrals, tints, tones, shades, and values), lines (characteristics, quality), textures (tactile and visual), and space (background, middle ground, foreground, placement, perspective, overlap, negative, converging lines positive, size, color), balance (symmetrical, asymmetrical, radial) and the use of proportion, rhythm, variety, repetition, and movement in their work
- appreciates creativity

festivals you celebrate such as Dusshera, Diwali, Id, Gurupurab, Pongal, Onam, Bihu, Christmas, etc.

Study and draw from objects being used in households, and handed down through the family traditions and inheritance. Also, can enquire from elders at home about traditional dresses and costumes, designs and motifs, crafts objects, jewellery etc. and draw them and paint.

Environment based activities Time required - 6 hours, split into 7-8 days

Observe, experience, and enjoy nature around and do nature study such as learning to render and draw garden, potted plants, trees, birds, animals, stones, grounds in or around home visible from balconies or window. Sketch and draw them, use imagination and previous observation/ experience and add elements to it to make a composition. Paint it in bold colours.

Experience based activities Time required - 4 hours, split into 5-6 days

Choose themes or characters they like, make masks with paper or papermache, and paint them (4-5), inspired from existing – tribal, religious or dance masks as well as imaginary – demonic, space age, robots, etc., using the basic elements of art such as line and colour. This is an effective way to observe, experience, and display emotions such as fear, joy, anger, hatred, etc. The masks can be used in school later during various activities.